



## IMPORTANT INFORMATION

### Race for Rest 5k

Benefiting the Furniture Bank of Metro Atlanta

Sept 17, 8am Registration opens at 6:30am

Start/Finish Atlantic Station – Central Park

5K Fees \$25 through September 10, 2016

\$30 Sept. 11 to 15 \*Registration closes Thursday Sept. 15 at 6pm

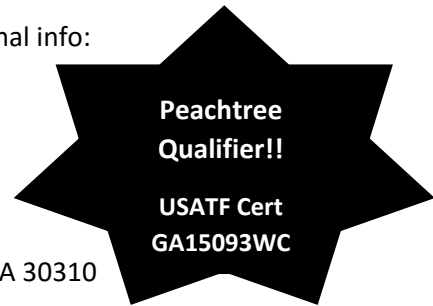
\$35 Race Day, September 17, 2016

▪ Commemorative t-shirt included in registration

**Awards** Male and Female Open and Masters finishers. Top 3 M/F finishers in the following age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

**Proceeds** Benefit the Furniture Bank ([www.furniturebankatlanta.org](http://www.furniturebankatlanta.org)). For additional info: [sthomas@furniturebankatlanta.org](mailto:sthomas@furniturebankatlanta.org) or 404-355-8530

**Register** Online at **Active.com** or mail entry form below and make check payable to the Furniture Bank of Metro Atlanta



## REGISTRATION FORM

Complete and Mail to: Furniture Bank of Metro Atlanta, 908 Murphy Ave SW, Atlanta, GA 30310

\*Must be **postmarked no later than Monday, September 12, 2016.**

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_ Sign me up for the 5K. \_\_\_\_ No thanks. I just want the t-shirt! (\$25) \_\_\_\_ \*I want to sponsor a runner.  
 (\*\$35 purchases an entry for a runner in the Back on My Feet Program and a t-shirt for both runner and sponsor.)

Age on race day \_\_\_\_\_ Gender: M / F

T-shirt (Circle One): ADULT - S M L XL \*\*XXL (\*\*additional \$2 fee) YOUTH - S M L

Registration Fee: \$ \_\_\_\_\_ + Additional Donation \$ \_\_\_\_\_ = \$ \_\_\_\_\_

In consideration of acceptance of this entry to the Furniture Bank "Race for Rest" 5K on September 17, 2016, I hereby for myself or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Furniture Bank of Metro Atlanta and any of their agents, representatives, partners, shareholders, officers, assigns, employees, sponsors, and volunteers "Releasees" from any and all claims or cause of action I may have for all personal injuries and property damages caused by or arising out of the "Race for Rest" 5K and its related activities. I understand that jogging/running is a strenuous sport and I further state that I am in proper physical condition for this event. I hereby assume full responsibility for any risk of bodily injury, death, or property damage due to the negligence of Releasees or otherwise while participating in "Race for Rest" activities. This disclaimer, waiver, release and indemnity are binding on me and on my heirs, personal representatives, successors and assigns. I acknowledge having read this document. Upon signing this document, I agree that I am legally bound by it.

Signature (parent or guardian if under 18): \_\_\_\_\_